FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Kirk Spencer (Last) (First) (Middle) 2795 EAST COTTONWOOD PARKWAY SUITE 300 (Street) SALT LAKE CITY UT 84121 (City) (State) (Zip)					3. D	2. Issuer Name and Ticker or Trading Symbol Extra Space Storage Inc. [EXR] 3. Date of Earliest Transaction (Month/Day/Year) 11/19/2020 4. If Amendment, Date of Original Filed (Month/Day/Year)								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify below) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - No	n-Deriv	ative	Se	curit	ies Ac	quired	, Dis	posed o	of, or Be	nefici	ally	Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution			Transaction Dis			4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			5. Amou Securitie	es	6. Ownership Form: Direct (D) or Indirect	: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				(Month/Day/Year)		"' "	(Month/Day/Year)				(A) (Beneficially Owned Following Reported Transaction(s)			(I) (Instr. 4)	
C	G: 1			11/10	2020	\perp			Code	\ <u>\</u>	Amount	(D)	11100		(Instr. 3	and 4)			
Common					11/19/2020				M		<u> </u>	, ,		.99				D	
Common Stock					11/19/2020				M		14,065					,210		D	
Common Stock 11/19					2020				S		25,315	D	\$112	\$112.62		81,895		D	
Common Stock															1,48	9,866		I	Krispen Family Holdings L.C. ⁽¹⁾
Common Stock															123	,215		I	The Kirk 101 Trust ⁽²⁾
		-	Table II -								osed of, convertil				wned				,
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	ed 4 Date, T	ransac	ction	5. Number on of		6. Date Exercis Expiration Date (Month/Day/Yea		sable and	7. Title ar of Securi Underlyir Derivativ (Instr. 3 a	nd Amou ties ng e Securit	nt 8	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transaction (Instr. 4)	Owners Form: Iy Direct (or Indir	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					ode	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amour or Number of Shares	er					
Stock Options	\$85.99	11/19/2020			М			11,250	(3)	T	02/22/2026	Common Stock	11,25	0	\$85.99	14,065		D	
Stock Options	\$65.36	11/19/2020			М			14,065	(4)		02/24/2025	Common Stock	14,06	55	\$65.36	0		D	

Explanation of Responses:

- 1. The reporting person disclaims beneficial ownership in the common stock held by Krispen Family Holdings, L.C., except to the extent of his pecuniary interest therein.
- 2. The reporting person disclaims beneficial ownership in the common stock held by The Kirk 101 Trust, except to the extent of his pecuniary interest therein.
- 3. Stock options vest 25% annually over four years, beginning on the first anniversary of the grant date. The grant date was 2/22/2016.
- $4. \ Stock options \ vest \ 25\% \ annually \ over four \ years, beginning \ on the first anniversary of the grant date. The grant date was \ 2/24/2015.$

Grace Kunde - attorney in fact 11/20/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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