FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar Herring (Last) 2795 EA SUITE 3 (Street) SALT LA	3. Da 03/0	Issuer Name and Ticker or Trading Symbol Extra Space Storage Inc. [EXR] Index of Earliest Transaction (Month/Day/Year) 03/01/2023 4. If Amendment, Date of Original Filed (Month/Day/Year)								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below)) EVP & COO 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person									
(City)	(Sta	ate) (Z	Zip)			Form filed by More than One Person													
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transactic Date (Month/Day/					Execution Date,			Transaction Disposed Of (I Code (Instr. 5)		Acquired (A) or (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported				7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)	Price	•	Transa	saction(s) r. 3 and 4)			(111511.4)
Common Stock 03/01/20						023			A		2,444(1)	A	\$16	3.66	66 7,211			D	
Common Stock 03/01/20					023				F		156(2)	D	\$16	3.66	7,055			D	
Common Stock														1		127		I	By 401(k) Plan ⁽³⁾
		Tal	ble II ·								osed of, convertib				Owned	t			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise (Instr. 3) Derivative Security 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 34. Deem Execution if any (Month/Day/Year)				ion Date, Transa Code (rative rities ired r osed)	6. Date Expira (Month	tion D	Year) Securities Underlying Derivative Security (Ins. 3 and 4)		nt of ities lying itive ity (Instr 4)	Der Sed (Ins	ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	,	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amoun or Numbe of Shares						

Explanation of Responses:

- 1. Restricted stock awards vest 25% annually over four years, beginning on the first anniversary of the grant date.
- 2. Represents shares withheld by the Issuer in payment of the tax liability arising in connection with the settlement of vested restricted stock awards. Restricted stock awards vest 25% annually over four years, beginning on the first anniversary of the grant date
- 3. The information in this report is based on plan information as of February 10, 2023.

Remarks:

Grace Kunde - attorney in fact 03/03/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.