FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	S IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* OVERTURF JAMES						2. Issuer Name and Ticker or Trading Symbol Extra Space Storage Inc. [EXR]									all application	cable)	g Person(s) to Iss 10% Ov Other (s		wner
(Last) (First) (Middle) 2795 E COTTONWOOD PARKWAY SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 08/15/2019								below) EVP/Chief Marketing Officer					
(Street) SALT LAKE CITY UT 84121				4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)																
		Tab	le I - N	lon-Deriv	/ative	Sec	uriti	es Ac	quire	d, D	isposed c	f, or B	eneficia	ally	Owned	I			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar			Beneficial Owned Fo		es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price		Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
Common	Stock	ock 08/15/2		019	19		M		1,068	A	\$85.9	\$85.99		67,597		D			
Common Stock		08/15/2	08/15/2019				M		1,155	A	\$65.4	6.45		,752		D			
Common Stock		08/15/2	08/15/2019				S		1,068	D	\$120.7	7736 67,		,684		D			
Common Stock (08/15/2	2019				S		1,155	D	\$120.7	0.7736 66		5,529		D			
Common Stock 08/15/20		019)19			S		440(1)	D	\$120.5657		7 66,089			D				
Common Stock 08/16/20			019	19		S		440(1)	D	\$120.9405		65,649			D				
		7	Table I								posed of,				wned				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security		(Month/Day/Year) if any		emed ion Date,	4. Transa	ransaction code (Instr.)		umber vative urities uired or oosed o) r. 3, 4	6. Date Exerc Expiration Day (Month/Day/\)		cisable and	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price Derivati Security (Instr. 5			e C S F Illy C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amoun or Numbe of Shares	r					
Stock Options	\$85.99	08/15/2019			M			1,068	(2))	02/22/2026	Common Stock	1,068	:	\$85.99	1,877		D	
Stock Options	\$65.45	08/15/2019			M			1,155	(3))	02/18/2025	Common Stock	1,155	,	\$65.45	722		D	

Explanation of Responses:

- 1. Sale occurred pursuant to a 10b5-1 plan entered into by Mr. Overturf on November 1, 2018.
- 2. Stock options vest 25% annually over four years, beginning on the first anniversary of the grant date. The grant date was 2/22/2016.
- 3. Stock options vest 25% annually over four years, beginning on the first anniversary of the grant date. The grant date was 2/18/2015.

Grace Kunde - attorney in fact 08/19/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.